The College offers men's and women's sports at the intercollegiate level. West Valley College is a member of the Coast Conference and participates in water polo, soccer, basketball, baseball, softball, swimming, beach volleyball, volleyball and tennis. Students interested in participation and in learning about eligibility requirements may contact the Department of Kinesiology and Athletics at West Valley College.

**Learning Outcomes**

After participating in Intercollegiate Athletics a student will:

- Demonstrate an understanding of the rules and/or assignment of the sport of participation
- Demonstrate improvement in 3-5 skills specific to the participants sport
- Demonstrate team commitment and team strategies to be successful