West Valley College Awarded $3.65 Million in Grants Towards Student Success and Mental Health Awareness

(Saratoga, CA) West Valley College has received three grants that will help students and the college in areas of student success and mental health awareness.

The largest of the three is the Title III grant, a five-year $2.25M Improving Student Access and Success grant. It is part of the U.S. Department of Education funded Title III Strengthening Institutions Program. The grant program is faculty driven and has three parts. The first part focuses on student services, expanding and strengthening online services, and enhancing the college’s First-Year Experience program. Part two of the grant helps increase student access and success in Distance Education courses. The third part strengthens institutional research and infrastructure support of data reporting systems.

The second grant is TRiO, a Federal Title IV Program that supports low income and first generation students. “First generation” refers to students who are the first in their family to attend and graduate from college. The grant helps increase the retention, transfer, and graduation rates of participating students. The $1.1M U.S. Department of Education grant runs over a five-year period.

“Project Arise” is the third grant, providing $306K over three years. It’s funded through the U.S. Department of Health and Human Services’ Substance Abuse and Mental Health Services Administration. The grant focuses on providing education and training for suicide prevention and mental health awareness. The college has already hosted eight QPR Suicide Prevention workshops, which trained over 330 staff and students to recognize the warning signs of a suicide crisis and how to question, persuade, and refer (QPR) someone to help.

Dr. Victoria Hindes, V.P. of Student Services at West Valley College, was instrumental in navigating the competitive grant application process. The college was selected from a list of community colleges, universities, and private institutions to receive the grants. Dr. Hindes
knows the funds will help a broad section of students at the college.

“These grants will help our students complete their educational goals, whether they earn a degree, transfer, take online classes, or learn new job skills. Low income and first generation students sometimes need a little extra help and the TRiO grant provides that. We also know that suicide is the second leading cause of death among college students, but it is also one of the most preventable. The QPR training will help save lives,” said Hindes.

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*West Valley College is a public California Community College, located in Saratoga, CA and is part of the West Valley-Mission Community College District. The college provides our students with degree, certificate, and transfer opportunities to meet the workforce demands of our community. WVC is fully accredited by the Western Association of Schools and Colleges/Accrediting Commission for Community and Junior Colleges. [www.westvalley.edu](http://www.westvalley.edu)*